

"Sport Activities" is a **fun-first, mobile sports program** designed to bring play and social interaction to young people in rural areas without sports infrastructure. Using **portable equipment**, the Mobile Youth Center creates spontaneous playgrounds where youth can **connect, play, and have a great time together**.

## Location Type:

Rural area

## Target Group:

Young people aged 12-20+

## Goals and Benefits

- Promote **social interaction** and **new friendships**
- Offer access to **recreational sports** in underserved areas
- Encourage **inclusion and collaboration** through team play
- Provide **healthy and joyful experiences** for youth
- Strengthen the **presence of youth workers** in informal community settings

## Implementation tips

1. **Arrival and space organization** to set up sports zones
2. **Invite local youth** to join – no registration needed
3. **Start playing together** – youth workers initiate the games
4. Once the atmosphere is friendly and active, young people **take the lead** and continue playing freely
5. The goal: **just have fun and enjoy being together**

## Materials Used

The Mobile Youth Center brings all needed equipment:

- Foldable **soccer goals**
- Foldable **badminton net**
- Adaptable **ping pong net**
- Various **balls** and lightweight game gear

The only requirement is an **open, safe space** where young people can move freely.

## Media & Consent

- No structured data collection
- Photos and videos are generally **not published**, or shared without showing faces
- Focus remains on **protecting privacy and keeping the moment spontaneous**

## Reflection and Evaluation

- **No formal reflection process** is applied
- **Informal conversations** with young people help workers stay in touch with their experiences and needs